

Child & Infant Choking Response Guide

Vital Skills Solutions CPR • AED • First Aid Training

If a child is choking:

Children (Age 1 and Older)

1



Check if the child can cough or speak

2



Give up to 5 back blows between the shoulder blades

3



Perform abdominal thrusts if needed.

If the child cannot breathe or becomes unresponsive, call emergency services immediately.

Infant (Under 1 Year)

1



Position baby face down on your forearm

2



Give 5 gentle back blows

3



Give 5 chest thrusts if the airway is still blocked.